



Belgrave Primary School

Anti-Bullying Policy

June 2022

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Review Date: June 2025

ANTI-BULLYING POLICY

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Aim

We are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. We are a *TELLING* school. This means that *anyone* who knows that bullying is happening is expected to tell the staff.

What Is Bullying?

Bullying is *“behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally”*

Department For Education ‘Preventing and tackling bullying’ (2017)

<https://www.gov.uk/government/publications/preventing-and-tackling-bullying>

Bullying can be:

- Emotional being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist racial taunts, graffiti, gestures
- Sexual unwanted physical contact or sexually abusive comments
- Homophobic because of, or focussing on the issue of sexuality
- Verbal name-calling, sarcasm, spreading rumours, teasing
- Cyber All areas of internet, such as email & internet chat room misuse
Mobile threats by text messaging & calls
Misuse of associated technology , i.e. camera & video facilities

Objectives of this Policy

- All governors, teaching and non-teaching staff, pupils and parents should have an understanding of what bullying is.
- All governors, teaching and non-teaching staff should know what the school policy is on bullying, and follow it when bullying is reported.
- All pupils and parents should know what the school policy is on bullying, and what they should do if bullying arises.
- As a school we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported.
- Bullying will not be tolerated.
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Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- is frightened of walking to or from school
- doesn't want to go on the school / public bus
- begs to be driven to school
- changes their usual routine
- is unwilling to go to school (school phobic)
- begins to truant
- becomes withdrawn anxious, or lacking in confidence
- starts stammering
- attempts or threatens suicide or runs away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work
- comes home with clothes torn or books damaged
- has possessions which are damaged or " go missing"
- asks for money or starts stealing money (to pay bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home starving (money / lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

Procedures and Strategies

1. Report bullying incidents to staff who will inform Senior Leadership Team (SLT)
2. In cases of bullying, the incidents will be recorded by a staff member on Edaware (Safeguarding Monitor) under the appropriate section. The details will be recorded with names and dates. SLT will talk to all involved and keep an accurate record of what is said and this will be recorded on Edaware.
3. In serious cases parents should be informed and will be asked to come in to a meeting to discuss the problem.
4. If necessary and appropriate, police will be consulted.
5. If necessary and appropriate LSCB or SCIE will be consulted.
6. The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly.
7. Help the bully (bullies) change their behaviour and recognise the impact of their behaviours.
8. Records will be kept on Edaware for each child if appropriate. This will enable patterns and details of incidents to inform action and log a chronology of events.

Outcomes

- 1) The bully (bullies) may be asked to genuinely apologise. Other consequences may take place.
- 2) In serious cases, suspension or even exclusion will be considered.
- 3) If possible, the pupils will be reconciled.
- 4) After the incident / incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.
- 5) All staff will be informed to enable staff to be able to supervise and be aware of potential problems.

Prevention

- We highly value Personal Social Health Education, using SEAL within whole class work and small group support
- Using stories about bullying in class or assembly
- Use of drama and performances to explore bullying (e.g. Gripping Yarns)
- Explicit Teaching about bullying and why it matters (SEAL unit)
- Exploring all roles within bullying, including the witness or bystander
- We prioritise E-Safety within our Computing curriculum
- Recognise and promote National Anti-bullying week campaigns (annually) and share with parents on ClassDojo.
- Use of Worry boxes in class rooms for children to write how they feel
- Use of School Council for children to reflect on behaviours and systems for supporting other children
- Use of buddies and playground buddies to support and extend positive play
- Participation in projects that raise awareness of bullying
- ELSA trained staff to support individuals and groups
- HLTA trained to support social and emotional needs
- Staff awareness of Mental Health needs of children and families

Review Date: June 2025

Policy last revised: June 2022

This Policy should be read alongside our E-Safety and Behaviour Policies.

HELP ORGANISATIONS:

Advisory Centre for Education 0808 800 5793
www.ace-ed.org.uk

The Anti Bullying Alliance
www.antibullyingalliance.org.uk

Anti Bullying Campaign 020 737 81446.

Bully Busters 0800 169 6978
www.bullybusters.org.uk

Children's Legal Centre

0845 345 4345

KIDSCAPE Parents Helpline (Mon-Fri, 10-4)

0845 1 205 204

Parentline Plus

0808 800 2222

Youth Access

020 8772 9900

Bullying Online

www.bullying.co.uk

Visit the Kidscape website www.kidscape.org.uk for further support, links and advice.