

✨ A Magical Phrase to Help ✨ Your Child Cooperate

Instead of using
THREATS OR BRIBES:

"If you don't do this, you can't..."

"If you do this, you can..."

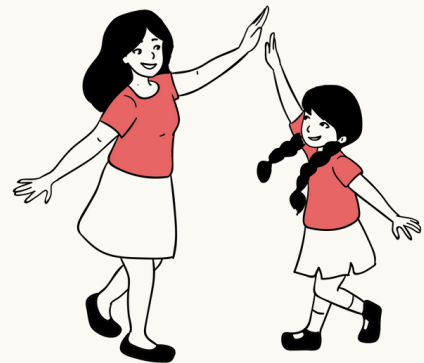
Use the
"AS SOON AS"
framework:

"You can...as soon as you..."

The **"as soon as"** phrases are helpful and effective because:

You're not giving your child a choice to do a task or not, you're telling them your expectation (X has to be done for Y to happen).

- ✨ "You can have your dessert as soon as you eat dinner."
- ✨ "I'd be happy to take you to the park as soon as you clean up."



It's super important to:

- ✨ Watch your tone when giving instructions to children. Firm and kind is the way to go!
- ✨ Follow through on your instructions and not give in (only then your future boundaries will work!)



Growth Mindset Kit

Ages 5-11

The Growth Mindset Printables Kit is a collection of worksheets, posters, activities, and coloring pages designed to help children understand they have the capacity to learn anything!

"Using these printables have been a game changer for my children. I am so grateful that I have access to such incredible tools to help my children focus on growth mindset."

- Kerri



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